

Training Courses & Related Services

Manual Handling

National Code **None**

Duration	1 x 4 hours	Min-Max Group Size	8-15
Who should attend	All employees		
Course aims	Participants will be able to use the Code of Practice Manual Handling to identify risk factors for specific tasks & develop appropriate controls.		
Learning outcomes	<p>On successful completion of this course participants will be able to:</p> <ul style="list-style-type: none"> Explain the requirements for employee involvement in the OH&S legislation Describe how injury to the muscles, spine & tendons can occur from lifting State the four criteria to be applied to identify tasks that require an investigation of manual handling risk factors & explain when the Risk Identification checklist in the Code of Practice should be used. Use the checklist developed from the Code of Practice for Manual Handling to identify & assess risk factors for a selected task. With reference to the nine control strategies listed in the Code of Practice, participate in the selection of practicable short &/or long term controls 		
Course Content	<ul style="list-style-type: none"> Back injuries The anatomy & biomechanics of the spine Legislation Process of identification of risks Control measures Treatment of back injuries 		
Documents issued on successful completion	<p>Statement of Attendance</p> <p>The course is delivered by experienced professionals</p>		
Price per person	POA	Price per in-house course	POA